

Guinness Stout

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 servings per container		Total Fat 18g	23%	Total Carbohydrate 20g	7%
Serving size 1 OneScoop		Saturated Fat 9g	45%	Dietary Fiber 0g	0%
Calories per serving	450	<i>Trans</i> Fat 0g		Total Sugars 20g	
		Polyunsaturated Fat 0g		Includes 0g Added Sugars	0%
		Monounsaturated Fat 0g		Sugar Alcohol 0g	
		Cholesterol 15mg	5%	Protein 6g	12%
		Sodium 100mg	4%		
		Vitamin D 0.4mcg	2%	Calcium 195mg	15%
		Potassium 0mg	0%	Iron 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Base Ingredients:

Milk, Cream, Pure Cane Sugar, Natural Corn Syrup, Guar Gum, Locust Bean Gum, Carrageenan
Pure Vanilla Extract

Guinness Ingredients:

Water, Roasted Barley, Malted Barley, Hops, Yeast
Sugar, Chocolate, Cocoa Butter, Milkfat, Soy Lecithin, Natural Flavors

All ice cream is handmade in our facility in Lakewood, Colorado

8016 West Jewell Avenue - 303.986.9960

