

Cookies & Mint

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 servings per container		Total Fat 18g	23%	Total Carbohydrate 20g	7%
Serving size 1 OneScoop		Saturated Fat 9g	45%	Dietary Fiber 0g	0%
Calories per serving	450	<i>Trans</i> Fat 0g		Total Sugars 20g	
		Polyunsaturated Fat 0g		Includes 0g Added Sugars	0%
		Monounsaturated Fat 0g		Sugar Alcohol 0g	
		Cholesterol 15mg	5%	Protein 6g	12%
		Sodium 100mg	4%		
		Vitamin D 0.4mcg	2%	Calcium 195mg	15%
		Potassium 0mg	0%	Iron 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Base Ingredients:

Milk, Cream, Pure Cane Sugar, Natural Corn Syrup, Guar Gum, Locust Bean Gum, Carrageenan
Pure Vanilla Extract

Cookies & Mint Ingredients:

Cream De Menth, Sugar, Enrikched Wheat Flour, Ribolfavin, Palm Oil, Soybean Oil, Cocoa with Alkali, Invert Sugar
Corn Flour, Chocoalte Liquor, Corn Starch, Salt, Baking oda, Whey, Nautral Flavors, Soy Lecithin
Sugar, Chocolate, Cocoa Butter, Milkfat, Soy Lecithin, Natural Flavors

All ice cream is handmade in our facility in Lakewood, Colorado

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