

# Superman

<b>Nutrition Facts</b>		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 servings per container		<b>Total Fat</b> 18g	<b>23%</b>	<b>Total Carbohydrate</b> 20g	<b>7%</b>
Serving size 1 OneScoop		Saturated Fat 9g	<b>45%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> per serving	<b>450</b>	<i>Trans</i> Fat 0g		Total Sugars 20g	
		Polyunsaturated Fat 0g		Includes 0g Added Sugars	<b>0%</b>
		Monounsaturated Fat 0g		Sugar Alcohol 0g	
		<b>Cholesterol</b> 15mg	<b>5%</b>	<b>Protein</b> 6g	<b>12%</b>
		<b>Sodium</b> 100mg	<b>4%</b>		
		Vitamin D 0.4mcg	2%	Calcium 195mg	15%
		Potassium 0mg	0%	Iron 0mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Base Ingredients:

Milk, Cream, Pure Cane Sugar, Natural Corn Syrup, Guar Gum, Locust Bean Gum, Carrageenan

## Superman Ingredients

Pure Vanilla Extract, Raspberries, Cherry Puree, Proplene glycol, xanthan gum

Eithyl slcohol, polysorbate 80, citric acid

Natural & Artificial flavors, xanthan gum, yellow, red and blue shades

All ice cream is handmade in our facility in Lakewood, Colorado

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